



## PRIOR AUTHORIZATION POLICY

**POLICY:** Oncology – Bexarotene (Topical) Prior Authorization Policy

- Targretin® (bexarotene 1% gel – Bausch Health, generic)

**REVIEW DATE:** 12/03/2025; selected revision 02/11/2026

### **INSTRUCTIONS FOR USE**

THE FOLLOWING COVERAGE POLICY APPLIES TO HEALTH BENEFIT PLANS ADMINISTERED BY CIGNA COMPANIES. CERTAIN CIGNA COMPANIES AND/OR LINES OF BUSINESS ONLY PROVIDE UTILIZATION REVIEW SERVICES TO CLIENTS AND DO NOT MAKE COVERAGE DETERMINATIONS. REFERENCES TO STANDARD BENEFIT PLAN LANGUAGE AND COVERAGE DETERMINATIONS DO NOT APPLY TO THOSE CLIENTS. COVERAGE POLICIES ARE INTENDED TO PROVIDE GUIDANCE IN INTERPRETING CERTAIN STANDARD BENEFIT PLANS ADMINISTERED BY CIGNA COMPANIES. PLEASE NOTE, THE TERMS OF A CUSTOMER'S PARTICULAR BENEFIT PLAN DOCUMENT [GROUP SERVICE AGREEMENT, EVIDENCE OF COVERAGE, CERTIFICATE OF COVERAGE, SUMMARY PLAN DESCRIPTION (SPD) OR SIMILAR PLAN DOCUMENT] MAY DIFFER SIGNIFICANTLY FROM THE STANDARD BENEFIT PLANS UPON WHICH THESE COVERAGE POLICIES ARE BASED. FOR EXAMPLE, A CUSTOMER'S BENEFIT PLAN DOCUMENT MAY CONTAIN A SPECIFIC EXCLUSION RELATED TO A TOPIC ADDRESSED IN A COVERAGE POLICY. IN THE EVENT OF A CONFLICT, A CUSTOMER'S BENEFIT PLAN DOCUMENT ALWAYS SUPERSEDES THE INFORMATION IN THE COVERAGE POLICIES. IN THE ABSENCE OF A CONTROLLING FEDERAL OR STATE COVERAGE MANDATE, BENEFITS ARE ULTIMATELY DETERMINED BY THE TERMS OF THE APPLICABLE BENEFIT PLAN DOCUMENT. COVERAGE DETERMINATIONS IN EACH SPECIFIC INSTANCE REQUIRE CONSIDERATION OF 1) THE TERMS OF THE APPLICABLE BENEFIT PLAN DOCUMENT IN EFFECT ON THE DATE OF SERVICE; 2) ANY APPLICABLE LAWS/REGULATIONS; 3) ANY RELEVANT COLLATERAL SOURCE MATERIALS INCLUDING COVERAGE POLICIES AND; 4) THE SPECIFIC FACTS OF THE PARTICULAR SITUATION. EACH COVERAGE REQUEST SHOULD BE REVIEWED ON ITS OWN MERITS. MEDICAL DIRECTORS ARE EXPECTED TO EXERCISE CLINICAL JUDGMENT WHERE APPROPRIATE AND HAVE DISCRETION IN MAKING INDIVIDUAL COVERAGE DETERMINATIONS. WHERE COVERAGE FOR CARE OR SERVICES DOES NOT DEPEND ON SPECIFIC CIRCUMSTANCES, REIMBURSEMENT WILL ONLY BE PROVIDED IF A REQUESTED SERVICE(S) IS SUBMITTED IN ACCORDANCE WITH THE RELEVANT CRITERIA OUTLINED IN THE APPLICABLE COVERAGE POLICY, INCLUDING COVERED DIAGNOSIS AND/OR PROCEDURE CODE(S). REIMBURSEMENT IS NOT ALLOWED FOR SERVICES WHEN BILLED FOR CONDITIONS OR DIAGNOSES THAT ARE NOT COVERED UNDER THIS COVERAGE POLICY (SEE "CODING INFORMATION" BELOW). WHEN BILLING, PROVIDERS MUST USE THE MOST APPROPRIATE CODES AS OF THE EFFECTIVE DATE OF THE SUBMISSION. CLAIMS SUBMITTED FOR SERVICES THAT ARE NOT ACCOMPANIED BY COVERED CODE(S) UNDER THE APPLICABLE COVERAGE POLICY WILL BE DENIED AS NOT COVERED. COVERAGE POLICIES RELATE EXCLUSIVELY TO THE ADMINISTRATION OF HEALTH BENEFIT PLANS. COVERAGE POLICIES ARE NOT RECOMMENDATIONS FOR TREATMENT AND SHOULD NEVER BE USED AS TREATMENT GUIDELINES. IN CERTAIN MARKETS, DELEGATED VENDOR GUIDELINES MAY BE USED TO SUPPORT MEDICAL NECESSITY AND OTHER COVERAGE DETERMINATIONS.

## **CIGNA NATIONAL FORMULARY COVERAGE:**

### **OVERVIEW**

Bexarotene gel is indicated for the topical treatment of cutaneous lesions in patients with **cutaneous T-cell lymphoma** (Stage 1A and 1B) who have refractory or persistent disease after other therapies or who have not tolerated other therapies.<sup>1</sup>

### **Guidelines**

Bexarotene gel is discussed in the National Comprehensive Cancer Network (NCCN) guidelines:

- **Cutaneous Lymphomas:** NCCN guidelines (version 1.2026 – December 9, 2025) recommend topical bexarotene as an option for the treatment of cutaneous lymphomas (e.g., mycosis fungoides/Sézary syndrome), as initial therapy and for subsequent treatment (category 2A). Bexarotene gel is also recommended as skin-directed therapy for primary cutaneous B-cell lymphoma (i. e., marginal zone or follicle center lymphoma) [category 2A].

## **POLICY STATEMENT**

Prior Authorization is recommended for prescription benefit coverage of bexarotene gel. All approvals are provided for the duration noted below. Because of the specialized skills required for evaluation and diagnosis of patients treated with bexarotene gel as well as the monitoring required for adverse events and long-term efficacy, approval requires bexarotene gel to be prescribed by or in consultation with a physician who specializes in the condition being treated.

• **Targretin® (bexarotene 1% gel – Bausch Health, generic)**  
**is(are) covered as medically necessary when the following criteria is(are) met for FDA-approved indication(s) or other uses with supportive evidence (if applicable):**

### **FDA-Approved Indication**

**1. Cutaneous T-Cell Lymphoma.** Approve for 1 year if the patient meets BOTH of the following (A and B):

Note: Examples of cutaneous T-cell lymphoma include mycosis fungoides/Sézary syndrome.

**A)** Patient has cutaneous manifestations/lesions; AND

**B)** The medication is prescribed by or in consultation with an oncologist or a dermatologist.

### **Other Uses with Supportive Evidence**

**2. Primary Cutaneous B-Cell Lymphoma.** Approve for 1 year if the patient meets BOTH of the following (A and B):

**A)** Medication is used as skin-directed therapy for ONE of the following (i or ii):

**i.** Primary cutaneous marginal zone lymphoma; OR

**ii.** Follicle center lymphoma; AND

**B)** The medication is prescribed by or in consultation with an oncologist or a dermatologist.

## **CONDITIONS NOT COVERED**

• **Targretin® (bexarotene 1% gel – Bausch Health, generic)**  
**is(are) considered not medically necessary for ANY other use(s); criteria will be updated as new published data are available.**

## **REFERENCES**

1. Targretin® gel [prescribing information]. Bridgewater, NJ: Bausch Health; February 2020.
2. The NCCN Primary Cutaneous Lymphomas Clinical Practice Guidelines in Oncology (version 1.2026 – December 9, 2025). © 2025 National Comprehensive Cancer Network. Available at: <http://www.nccn.org>. Accessed on February 9, 2026.
3. The NCCN Drugs & Biologics Compendium. © 2026 National Comprehensive Cancer Network. Available at: <http://www.nccn.org>. Accessed on February 9, 2026. Search terms: bexarotene gel.

## HISTORY

Type of Revision	Summary of Changes	Review Date
Annual Revision	<b>Adult T-Cell Leukemia/Lymphoma.</b> Added new indication and approval criteria under "Other Uses with Supportive Evidence."	11/22/2023
Annual Revision	<b>Adult T-Cell Leukemia/Lymphoma.</b> Removed "chronic" subtype and added qualifier "symptomatic" for smoldering subtype. <b>Primary Cutaneous B-Cell Lymphoma.</b> Added new indication and approval criteria under "Other Uses with Supportive Evidence."	12/11/2024
Annual Revision	No criteria changes.	12/03/2025
Selected Revision	<b>Cutaneous T-Cell Lymphoma:</b> A Note was added which states, "Examples of cutaneous T-cell lymphoma include mycosis fungoides/Sézary syndrome." <b>Adult T-Cell Leukemia/Lymphoma:</b> This condition of approval was removed from Other Uses with Supportive Evidence.	02/11/2026

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