



PRIOR AUTHORIZATION POLICY

- POLICY:** Oncology (Oral – Poly [ADP-Ribose] Polymerase Inhibitor) – Lynparza Prior Authorization Policy
- Lynparza® (olaparib tablets – AstraZeneca)

REVIEW DATE: 01/28/2026

INSTRUCTIONS FOR USE

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CIGNA NATIONAL FORMULARY COVERAGE:

OVERVIEW

Lynparza, a poly (ADP-ribose) polymerase (PARP) inhibitor, is indicated for the following uses:¹

- **Breast cancer**, with deleterious or suspected deleterious germline BRCA mutated, human epidermal growth factor 2 (HER2)-negative metastatic disease, in adults who have been treated with chemotherapy in the neoadjuvant, adjuvant, or metastatic setting. Patients with hormone receptor-positive (HR+) breast cancer should have been treated with a prior endocrine therapy or be considered inappropriate for endocrine therapy.
- **Breast cancer**, for the adjuvant treatment of deleterious or suspected deleterious gBRCA mutated HER2-negative high-risk early breast cancer in adults who have been treated with neoadjuvant or adjuvant chemotherapy.
- **Ovarian cancer, maintenance** treatment of deleterious or suspected deleterious germline or somatic BRCA mutated recurrent epithelial ovarian,

fallopian tube, or primary peritoneal cancer, in adults who are in a complete or partial response to platinum-based chemotherapy.

- **Ovarian cancer, maintenance** treatment of deleterious or suspected deleterious germline or somatic *BRCA*-mutated advanced epithelial ovarian, fallopian tube, or primary peritoneal cancer in adults who are in complete or partial response to first-line platinum-based chemotherapy.
- **Ovarian cancer, maintenance treatment in combination** with bevacizumab for advanced epithelial ovarian, fallopian tube or primary peritoneal cancer in adults who are in complete or partial response to first-line platinum-based chemotherapy and whose cancer is associated with homologous recombination deficiency (HRD)-positive status defined by either: a deleterious or suspected deleterious *BRCA* mutation, and/or genomic instability.
- **Pancreatic adenocarcinoma**, maintenance treatment of deleterious or suspected deleterious *gBRCA* mutated metastatic disease, in adults whose disease has not progressed on at least 16 weeks of a first-line platinum-based chemotherapy regimen.
- **Prostate cancer**, for the treatment of deleterious or suspected deleterious germline or somatic homologous recombination repair (HRR) gene-mutated metastatic castration resistant prostate cancer (mCRPC) in adults who have progressed following prior treatment with Xtandi® (enzalutamide tablets) or abiraterone.
- **Prostate cancer**, for the treatment of deleterious or suspected deleterious *BRCA*-mutated (*BRCAm*) mCRPC, in combination with abiraterone and prednisone or prednisolone in adults.

Guidelines

Lynparza is discussed in guidelines from the National Comprehensive Cancer Network (NCCN):⁷

- **Breast Cancer:** NCCN guidelines (version 1.2026 – January 16, 2026) list single-agent Lynparza as a “Preferred Regimen” for first-line therapy for patients with a germline *BRCA 1/2* pathogenic variant for recurrent, unresectable, or stage IV HR-positive, HER2-negative disease, with visceral crisis or that is endocrine therapy-refractory (category 1).² For triple negative breast cancer with germline *BRCA1/2* pathogenic variant, Lynparza is listed as a “Preferred Regimen” as first-line for patients with programmed cell death ligand 1 combined positive score (PD-L1 CPS) < 10 (category 1) and as second-line therapy (category 1). Lynparza is also recommended as a single-agent for recurrent, unresectable, or stage IV HER2 positive disease with a germline *BRCA1/2* pathogenic variant (category 1). It is noted that although Lynparza is FDA-approved for HER2-negative disease, the NCCN panel supports use in any breast cancer subtype associated with a germline mutation. The guidelines also state that addition of 1 year of adjuvant Lynparza is an “Preferred Regimen” option for select patients with HER2-negative germline *BRCA1/2* pathogenic variant after completion of adjuvant chemotherapy. The guidelines state that adjuvant Lynparza therapy can be given with endocrine therapy. Lynparza is also recommended as single-agent therapy for recurrent unresectable (local or regional) or stage IV (M1) disease

with germline *PALB2* pathogenic variant as “other recommended regimen” (category 2A). Lynparza is also recommended for patients with somatic *BRCA* 1/2 pathogenic variant as “Useful in Certain Circumstances” (category 2B).

- **Ovarian Cancer:** NCCN guidelines (version 3.2025 – July 16, 2025) recommend Lynparza for maintenance therapy after primary treatment in patients who have had a complete or partial response in the following situations: single-agent Lynparza for *BRCA*1/2 mutations (category 1 if bevacizumab was not used during primary therapy and category 2A if bevacizumab was used during primary therapy); Lynparza + bevacizumab if bevacizumab was used as part of primary therapy (*BRCA*1/2 wild-type or unknown and homologous recombination deficient [category 1]; germline/somatic *BRCA*1/2 mutation [category 1]).³ The guidelines recommend use of Zejula® (niraparib capsules), Rubraca® (rucaparib tablets), or Lynparza as single-agent maintenance therapy options in patients with platinum-sensitive persistent or recurrent disease who have completed two or more lines of platinum-based therapy and are in complete or partial response for *BRCA* mutation (category 1 if not previously used; category 2A for all others).
- **Pancreatic Cancer:** NCCN guidelines (version 2.2025 – February 3, 2025) recommend Lynparza as a “Preferred Regimen” maintenance therapy for metastatic disease after the patient has tried first-line platinum-based chemotherapy.⁴ It is specifically recommended in patients who have germline *BRCA*1/2 mutations and who have not had disease progression after at least 4 to 6 months of chemotherapy (category 2A).
- **Prostate Cancer:** NCCN guidelines (version 5.2026 – January 23, 2026) recommend Lynparza for mCRPC.⁵ Lynparza + abiraterone is recommended for patients with *BRCA* mutation as “Useful in Certain Circumstances” for patients who have not tried androgen receptor pathway inhibitor therapy (category 1). Lynparza for *BRCA* mutation is recommended as (category 1) and Lynparza for *HRR* mutation other than *BRCA* (category 2A) as “Useful in Certain Circumstances” for patients who have tried androgen receptor pathway inhibitor (ARPI).
- **Uterine Neoplasms:** NCCN guidelines (version 2.2026 – November 14, 2025) state that Lynparza may be considered as a single-agent second-line or subsequent therapy as “Useful in Certain Circumstances”, for *BRCA*2-altered uterine leiomyosarcoma (category 2A).⁶ Lynparza is also recommended as maintenance therapy in combination with Imfinzi® (durvalumab intravenous infusion) for endometrial carcinoma for patients with mismatch repair proficient (pMMR) tumors (category 2B).

POLICY STATEMENT

Prior Authorization is recommended for prescription benefit coverage of Lynparza. All approvals are provided for the duration noted below.

- **Lynparza® (olaparib tablets – AstraZeneca)**

is(are) covered as medically necessary when the following criteria is(are) met for FDA-approved indication(s) or other uses with supportive evidence (if applicable):

FDA-Approved Indications

- 1. Breast Cancer – Adjuvant Therapy.** Approve for 1 year (total) if the patient meets ALL of the following (A, B, C, and D):
 - A)** Patient is \geq 18 years of age; AND
 - B)** Patient has germline *BRCA* mutation-positive breast cancer; AND
 - C)** Patient has human epidermal growth factor receptor 2 (HER2)-negative breast cancer; AND
 - D)** Patient has tried neoadjuvant or adjuvant therapy.

- 2. Breast Cancer – Recurrent or Metastatic Disease.** Approve for 1 year if the patient meets ALL of the following (A, B, and C):
 - A)** Patient is \geq 18 years of age; AND
 - B)** Patient has recurrent or metastatic disease; AND
 - C)** Patient meets ONE of the following (i or ii):
 - i. Patient has *BRCA* mutation-positive breast cancer; OR
 - ii. Patient has germline *PALB2* mutation-positive breast cancer.

- 3. Ovarian, Fallopian Tube, or Primary Peritoneal Cancer – Maintenance, Monotherapy.** Approve for 1 year if the patient meets ALL of the following (A, B and C):
 - A)** Patient is \geq 18 years of age; AND
 - B)** Patient has *BRCA* mutation positive disease; AND
 - C)** Patient is in complete or partial response to at least one platinum-based chemotherapy regimen.
Note: Examples of platinum-based chemotherapy are carboplatin with gemcitabine, carboplatin with paclitaxel, cisplatin with gemcitabine.

- 4. Ovarian, Fallopian Tube, or Primary Peritoneal Cancer – Maintenance, Combination Therapy.** Approve for 1 year if the patient meets ALL of the following (A, B, C, and D):
 - A)** Patient is \geq 18 years of age; AND
 - B)** The medication is used in combination with bevacizumab; AND
 - C)** Patient has homologous recombination deficiency (HRD)-positive disease; AND
Note: HRD-positive disease includes patients with *BRCA* mutation-positive disease.
 - D)** Patient is in complete or partial response to first-line platinum-based chemotherapy regimen. Note: Examples of chemotherapy regimens are carboplatin with paclitaxel, carboplatin with doxorubicin, docetaxel with carboplatin.

- 5. Pancreatic Cancer – Maintenance Therapy.** Approve for 1 year if the patient meets ALL of the following (A, B, and C):

- A) Patient is ≥ 18 years of age; AND
- B) Patient has a germline *BRCA* mutation-positive metastatic disease; AND
- C) The disease has not progressed on at least 16 weeks of treatment with a first-line platinum-based chemotherapy regimen.

6. Prostate Cancer. Approve for 1 year if the patient meets ALL of the following (A, B, C, and D):

- A) Patient is ≥ 18 years of age; AND
- B) Patient has metastatic castration resistant prostate cancer; AND
- C) Patient meets ONE of the following (i or ii):
 - i. The medication is used concurrently with a gonadotropin-releasing hormone (GnRH) analog; OR

Note: Examples are leuprolide acetate, Lupron Depot (leuprolide acetate intramuscular injection), Trelstar (triptorelin pamoate intramuscular injection), Zoladex (goserelin acetate subcutaneous implant), Vantas (histrelin acetate subcutaneous implant), Firmagon (degarelix acetate subcutaneous injection), and Orgovyx (relugolix tablets).
 - ii. Patient has had a bilateral orchiectomy; AND
- D) Patient meets ONE of the following (i or ii):
 - i. Patient meets BOTH of the following (a and b):
 - a) Patient has homologous recombination repair (HRR) gene-mutated disease; AND

Note: HRR gene mutations include *BRCA1*, *BRCA2*, *ATM*, *BARD1*, *BRIP1*, *CDK12*, *CHEK1*, *CHEK2*, *FANCL*, *PALB2*, *RAD51B*, *RAD51C*, *RAD51D*, or *RAD54L*.
 - b) Patient has been previously treated with at least one androgen receptor-directed therapy; OR

Note: Androgen-receptor-directed therapy includes: abiraterone, Xtandi (enzalutamide capsules and tablets), Nubeqa (darolutamide tablets), or Erleada (apalutamide tablets).
 - ii. Patient meets BOTH of the following (a and b):
 - a) Patient has a *BRCA* mutation; AND
 - b) The medication is used in combination with abiraterone plus one of prednisone or prednisolone.

Other Uses With Supportive Evidence:

7. Uterine Leiomyosarcoma. Approve for 1 year if the patient meets ALL of the following (A, B, and C):

- A) Patient is ≥ 18 years of age; AND
- B) Patient has *BRCA2*-altered disease; AND
- C) Patient has tried at least one systemic regimen.

Note: Examples of a systemic regimen include one or more of the following products: dacarbazine, docetaxel, doxorubicin, epirubicin, gemcitabine, ifosfamide, Yondelis (trabectedin intravenous infusion).

CONDITIONS NOT COVERED

- **Lynparza® (olaparib tablets – AstraZeneca)**

is(are) considered not medically necessary for ANY other use(s); criteria will be updated as new published data are available

REFERENCES

1. Lynparza® tablets [prescribing information]. Wilmington, DE: AstraZeneca; July 2025.
2. The NCCN Ovarian Cancer Clinical Practice Guidelines in Oncology (version 3.2025 – July 16, 2025). © 2025 National Comprehensive Cancer Network. Available at: <http://www.nccn.org>. Accessed on January 26, 2026.
3. The NCCN Breast Cancer Clinical Practice Guidelines in Oncology (version 1.2026 – January 16, 2026). © 2026 National Comprehensive Cancer Network. Available at: <http://www.nccn.org>. Accessed on January 26, 2026.
4. The NCCN Pancreatic Adenocarcinoma Clinical Practice Guidelines in Oncology (version 2.2025 – February 3, 2025). © 2025 National Comprehensive Cancer Network. Available at: <http://www.nccn.org>. Accessed on January 26, 2026.
5. The NCCN Prostate Cancer Clinical Practice Guidelines in Oncology (version 5.2026 – January 23, 2026). © 2026 National Comprehensive Cancer Network. Available at: <http://www.nccn.org>. Accessed January 26, 2026.
6. The NCCN Uterine Neoplasms Clinical Practice Guidelines in Oncology (version 2.2026 – November 14, 2025). © 2025 National Comprehensive Cancer Network. Available at: <http://www.nccn.org>. Accessed January 26, 2026.
7. The NCCN Drugs & Biologics Compendium. © 2026 National Comprehensive Cancer Network. Available at: <http://www.nccn.org>. Accessed on January 26, 2026. Search term: olaparib.

HISTORY

Type of Revision	Summary of Changes	Review Date
Annual Revision	Ovarian, Fallopian Tube, or Primary Peritoneal Cancer – Maintenance, Monotherapy: Criteria for first-line maintenance therapy, which stated patient is in complete or partial response to first-line platinum-based therapy was removed. Criterion which stated that patient is in complete or partial response after at least two platinum-based chemotherapy regimens was removed. The following criterion was added: patient is in complete or partial response to at least one platinum-based chemotherapy regimen.	02/28/2024
Selected Revision	Ovarian Cancer – Treatment: Condition of approval and criteria were removed from “Other Uses With Supportive Evidence.”	06/05/2024
Annual Revision	Breast Cancer – Recurrent or Metastatic Disease: The following qualifier was added, “patient has germline <i>PALB2</i> mutation-positive breast cancer.” Uterine Leiomyosarcoma: The criterion which states that the patient has tried “one systemic regimen” was revised to “at least one systemic regimen”.	02/26/2025
Update	04/08/2025: The policy name was changed from “Oncology – Lynparza PA Policy” to “Oncology (Oral – Poly [ADP-Ribose] Polymerase Inhibitor) – Lynparza PA Policy”	N/A
Annual Revision	Ovarian, Fallopian Tube, or Primary Peritoneal Cancer – Maintenance, Monotherapy: The wording of “germline and/or somatic” and “as confirmed by an approved test” were removed from the requirement that states patient has <i>BRCA</i> mutation-positive disease.	01/28/2026

	<p>Ovarian, Fallopian Tube, or Primary Peritoneal Cancer – Maintenance, Combination Therapy. The wording “as confirmed by an approved test” was removed from the requirement that states patient has homologous recombination deficiency (HRD)-positive disease.</p> <p>Prostate Cancer: The wording of “germline and/or somatic” and “as confirmed by an approved test” were removed from the requirement that states patient has homologous recombination repair (HRR) gene-mutated disease.</p>	
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HER2 – Human epidermal growth factor receptor 2; *BRCA* – Breast Cancer; *BRCAm* – *BRCA* mutated

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